

## Friday Update, March 17, 2023

Good evening Sulphur Springs Families and staff, this is Dr. Catherine Kawaguchi, your Superintendent with your Friday update, March 17, 2023.



As we are working together to prepare the new LCAP for the 2023-2024 school year, it is important that we hear from our families regarding the programs and opportunities offered to our students in the District. The survey is due by **Friday, March 24<sup>th</sup>**. Please click on the link below to complete the survey. Your input and feedback are very valuable to us, and we look forward to continuing to partner with you to provide your child an excellent educational program.

[LCAP Parent Survey- English](#)

[LCAP Parent Survey- Spanish](#)

## CLASS Education Foundation



The CLASS Education Foundation is providing an opportunity for families to listen to a primary care physician at UCLA Health in Santa Clarita on the importance of healthy eating. Please read the flyers below for more information.

**CLASS**  
Creative Learning for All in Sulphur Springs  
SOLPHUR SPRINGS EDUCATION FOUNDATION

# NUTRITION WEBINAR

Dr. Arineh Melkonian, a Primary Care physician at UCLA Health in Santa Clarita will discuss the importance of healthy eating, nutrition and physical activity and offer some strategies for busy families to stick with healthy eating plans.

**THURSDAY, MARCH 30  
AT 5:30 PM**  
Join Zoom Meeting

[https://sssd.zoom.us/j/84784249757?  
pwd=RDVhVXFKaldjNk4vcFpNZ2FpRU92dz09](https://sssd.zoom.us/j/84784249757?pwd=RDVhVXFKaldjNk4vcFpNZ2FpRU92dz09)

Meeting ID: 847 8424 9757  
Passcode: 262242



# SEMINARIO WEB DE NUTRICIÓN

La Dra. Arineh Melkonian, médico de atención primaria de UCLA Health en Santa Clarita hablará sobre la importancia de una alimentación saludable, la nutrición, la actividad física y ofrecerá algunas estrategias para que las familias con poco tiempo se apeguen a los planes de nutrición saludable.

**JUEVES, 30 DE MARZO  
A LAS 5:30 PM**

Únase a la Reunión de Zoom

[https://sssd.zoom.us/j/84784249757?  
pwd=RDVhVXFKaldjNk4vcFpNZ2FpRU92dz09](https://sssd.zoom.us/j/84784249757?pwd=RDVhVXFKaldjNk4vcFpNZ2FpRU92dz09)

ID de la Reunión: 847 8424 9757  
Clave: 262242



## Many Families One Community Family Resource Fair



On **Saturday, April 15<sup>th</sup> from 9:00 AM to 2:00 PM** at Golden Valley High School, our District is joining William S. Hart Union High School District in hosting an exciting **FREE** Family Resource Fair for our community.

Families will have an opportunity to attend workshops that focus on a variety of topics that will be presented by Sulphur Springs and William S. Hart Union School Districts' staff and community partners in the Santa Clarita Valley. Please know that there will be **translators** at every workshop to support families. A **few of the topics** that will be presented are:

- A-G Requirements for High School and University
- Teens, Social Media, and Mental Health
- Plugged in Parent: Keeping Kids Healthy, Safe, and Happy in the Digital Age
- Mental Health Awareness and Self-Care
- The Magic of Reading
- How to Support your Active and Engaged High School Student
- Healthy Habits for Families
- Social & Emotional Skills for TK and Kindergarten
- College of the Canyons, Helping You Achieve Your Goals!

**AND MANY MORE!!**

**KIDS' PROGRAM:**



**Registration Required (Parents must re-register their children for the April 15<sup>th</sup> date, even if you registered for the February date).**

**ONLY 300 Spaces Available: Kids' Program:**

Registration is required for children, ages 4 to 13 years old, to attend the Kids' Program. Please click on the [LINK](#) to register your child. Parents will receive a confirmation call from staff that your child is registered for the Program.

While parents are attending workshops at the Resource Fair from 9:30 AM to 12:30 PM, your child will have an opportunity to attend a **FREE** Kids' Program. Kids will be able to experience hands-on science activities, listen to Fire Fighters speak to them about safety, and participate in fun outdoor activities and much more!



**Resource Booths**



At the Event, there will be over 40 Resource Booths from organizations throughout Santa Clarita Valley sharing information and free resources to families. A few of the organizations that will be sponsoring a booth are:

- Sulphur Springs Union School District
- Boys and Girls Club of SCV
- UCLA Health
- Action Family Counseling
- Golden Valley High School
- College of the Canyons
- Child and Family Center
- California Institute of the Arts
- Cub Scout Pack 48
- Canyon Country Library
- CLASS Foundation

**AND MANY MORE!**

## **Choir**

We are also excited to share with you that our District and William S. Hart Union High School District Choirs will be joining together to open the event. They will be on stage starting at 9:30 AM in the Theater at Golden Valley High School. Both school Districts have a strong focus on supporting the arts, and we are excited that we have our students joining together to open our event.



## **Reminder: FREE TRANSPORTATION**

To support families with transportation to the event, the following bus stops will be available, please see below. Buses will shuttle back-and-forth to the event, and will begin at 8:45 AM and conclude at 2:30 PM. Buses will run every 15 to 20 minutes. Please see the bus stops below:

**\*Fahren Ct./Manzanita Lane**

**\*Palomino Pl./ N. Silver Saddle Cr.**

**\*Canyon Springs Community School**

For More Information about:

***Many Families One Community Family Resource Fair***

Located at:

**27051 Robert C. Lee Pkwy, Santa Clarita, CA 91350**

Please click on the [link](#) to watch a video from a past Family Resource Fair. For further information regarding the Many Families One Community Family Resource Fair, please go to the Sulphur Springs website at [www.ssd.k12.ca.us](http://www.ssd.k12.ca.us).

Wishing you and your family a wonderful weekend. Thank you.

