

## Friday Update, November 4, 2022

Good evening Sulphur Springs Union School District Families. This is Dr. Catherine Kawaguchi, your Superintendent with a Friday Update, November 4, 2022.



### LAST CHANCE TO PURCHASE Paver Project



Please know that the Paver Project purchases will **close on Friday, November 11<sup>th</sup>**. You still have an opportunity to **leave a memory forever** at Sulphur Springs Community School, where it all started in 1872. You can leave a memory by purchasing a brick paver that will be placed at the school grounds of Sulphur Springs Community School. The pavers are available for purchase online.

**Cost: 2 lines \$40.00**  
**3 lines \$45.00**

I want to thank the District's **CLASS Education Foundation** that is supporting us with this project. The proceeds from this project will be

donated to the District to place the pavers and provide funding to all 9 schools in the areas of creativity, innovation, and wellness. Please go the [CLASS Education Foundation](#) website to purchase your paver today! Please see the directions on how to purchase the paver attached to this email.

If you would like to see a few highlights from the 150<sup>th</sup> Celebration, please click on the link: [KHTS SSUSD 150<sup>th</sup> Anniversary Celebration Video](#)

### **Celebrating Our Families Holiday Food Drive**



I want to let you know that we are holding our annual **Holiday Food Drive** for our families in need. I am very excited that we have this opportunity to give back to our families.

On November 19<sup>th</sup>, our District and Golden Valley High School are joining together to provide meals to support families during the Thanksgiving holiday.

If you would like to support our District's **Holiday Food Drive** for families in need, we are asking for certain foods to be donated.

Attached to the ParentSquare email is a list of items that are needed to support our families. If you are able to contribute, we are asking for families to drop off the food items at your child's school. When you arrive at the school, you will see a yellow donation cart placed at the front of the school.

The Drive runs from **November 2<sup>nd</sup> to November 10<sup>th</sup> between** the hours of **8:30 AM and 3:30 PM**.

We greatly appreciate the food donations. We are also accepting gift cards in any amount from Denny's Restaurant to support families who may not be able to cook a meal for the family. If you are able to donate a gift card from Denny's, please give the gift card to the Office Manager at your child's school and/or the District Office, and the gift cards will be given to those families in need.



This is a friendly reminder, as we approach the cold and flu season, please do not send your child to school if they are feeling sick or experiencing symptoms of a virus. Keeping your sick child home will be a great benefit for the health and wellness of our students and staff. Also, reach out to your child's medical provider to ensure your student is up-to-date on vaccinations.

### **What Symptoms to Look For**

The flu and COVID-19 are both spread from person-to-person, especially indoors and in crowded places. Symptoms for both viruses include fever, headache, and muscle and joint pain, as well as a sore throat and coughing.

RSV (respiratory syncytial virus) is a respiratory virus that has been detected in previous cold and flu seasons. Symptoms of RSV include cough, runny nose, and fever. Treatment consists of managing symptoms and, in severe cases, hospitalization.

### **Tips to Avoid Getting Sick**

Please see below some tips from our local health department to prevent getting sick:

- Wash hands thoroughly and often
- Use hand sanitizers, if unable to wash hands
- Stay away from sick people
- Avoid touching your eyes, nose, and mouth
- Consider wearing a well-fitting, good-quality mask, especially indoors or in crowded spaces

Thank you for your partnership in helping us keep our students and staff healthy.

Wishing you and your family a wonderful weekend. Thank you.

