

7:45–8:15 **Playtime:** *Practice imitating actions with toys, playing with toys the way they were intended, combining multiple toys in play, or taking turns with a toy*

8:15–8:45 **Centers:** *(make sure to take a wiggle break in between activities!)*

5-10 minutes **Math** - *Pick one STAR lesson or an activity from the [Math Choice Board](#)*

5-10 minutes **Language** - *Pick one STAR lesson or an activity from the [Language Choice Board](#)*

5-10 minutes **Fine Motor** - *Pick one STAR lesson or an activity from the [Fine Motor Choice Board](#)*

8:45–9:15 **Snack Time:** *practice using utensils when appropriate, identify foods by pointing or naming*

9:15–9:45 **Circle Time:** *watch calendar/weather, read a story together, engage in music and movement activities, work on prevocational skills-practice identifying your picture, saying or imitating your name, age, and gender*

9:45–10:15 **Gross Motor Time:** *Choose an activity from the [Gross Motor Choice Board](#)*

10:15–10:45 **Art/Sensory Time:** *Choose an activity from the [Art/Sensory Choice Board](#)*